



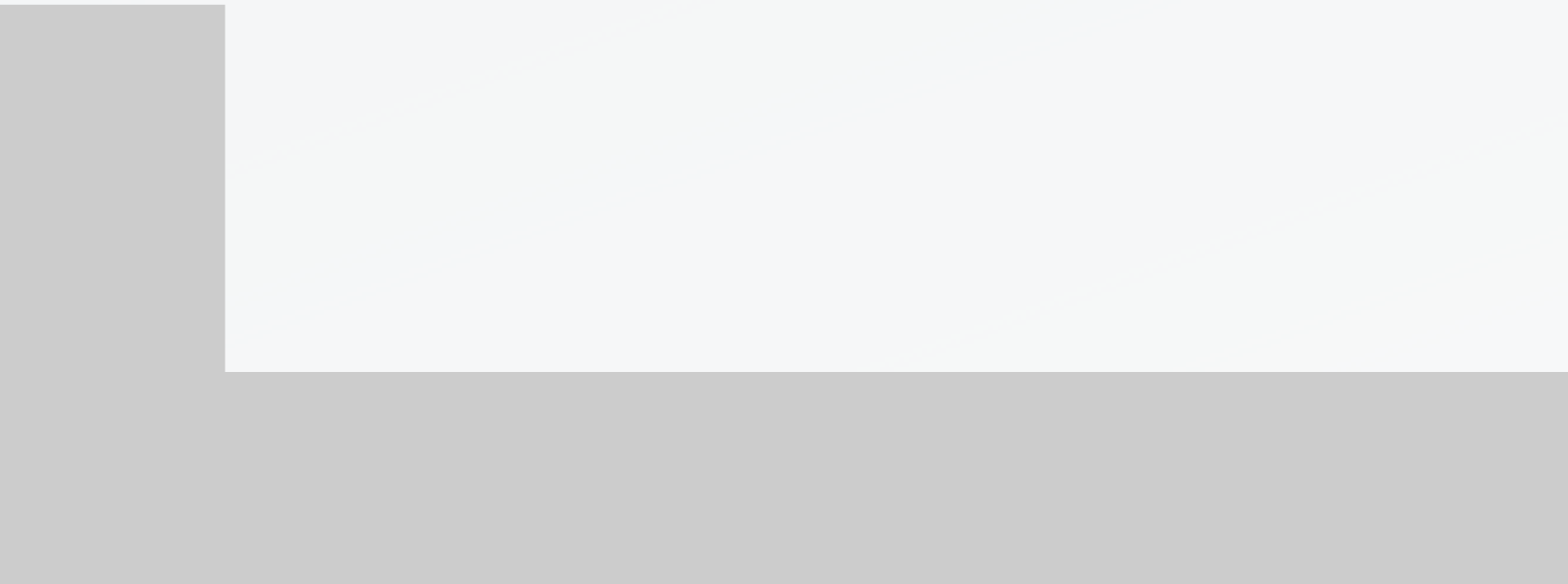
RURAL HEALTH

By Chase Bresney, Anna Banowsky, Ava Dravland,
Caylie McConnaha and Gracie Muck

PROJECT STATEMENT



Pathfinders asked us to advise them on how to address the co-occurring

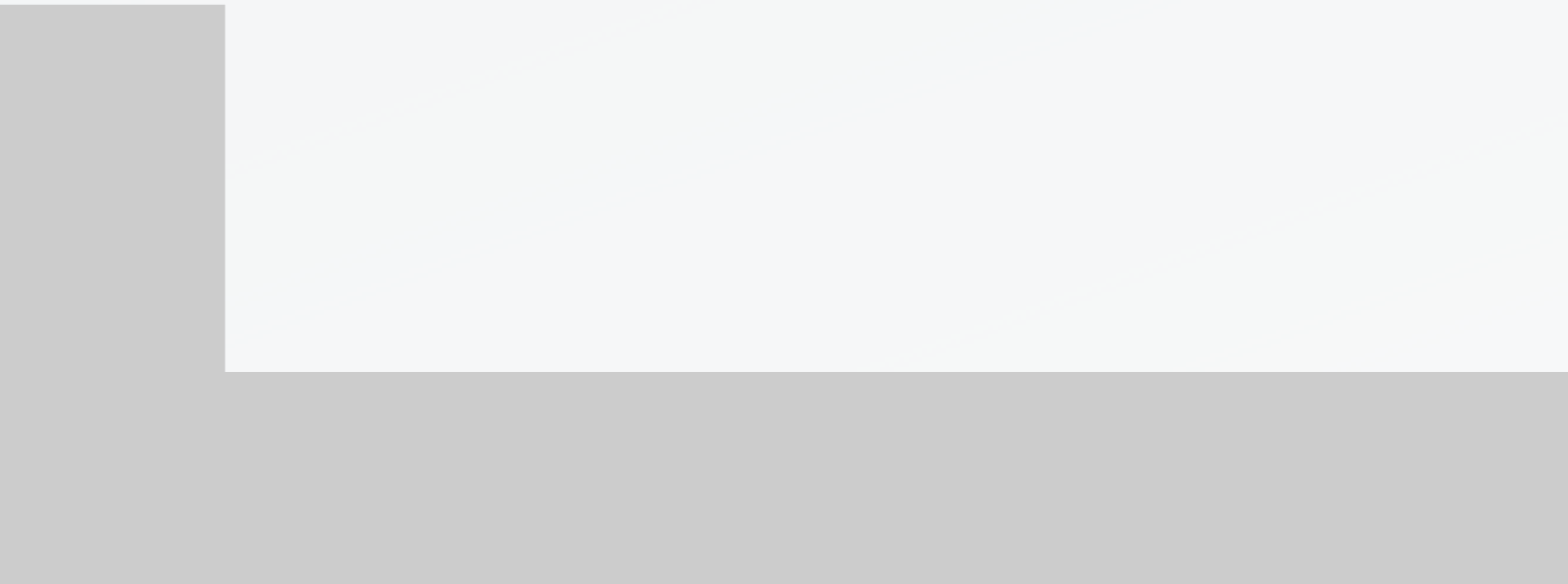


PROJECT STATEMENT



Pathfinders asked us to advise them on how to address the co-occurring

mental health



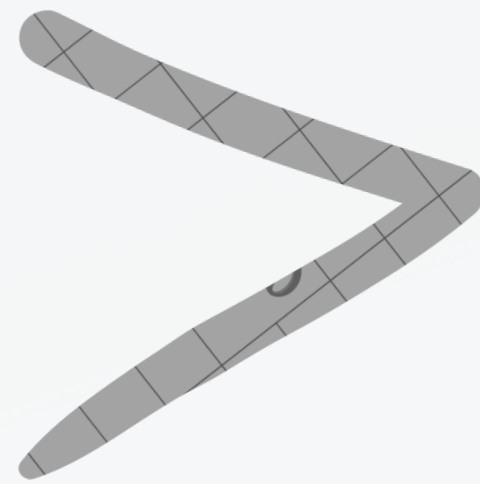
PROJECT STATEMENT



Pathfinders asked us to advise them on how to address the co-occurring

mental health

opioid crises



AND

facing the six county area



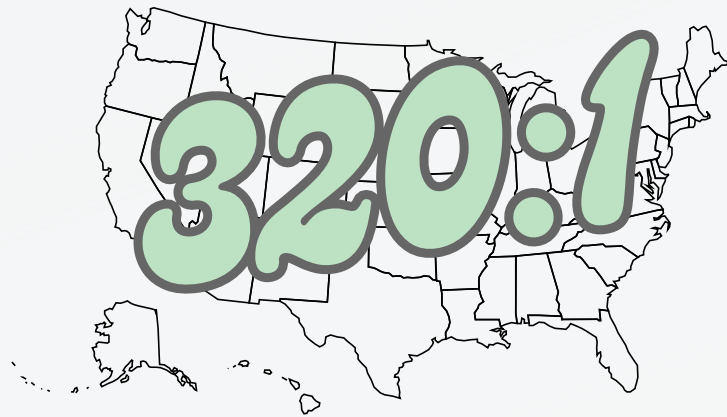
ISSUE STATEMENT

While it is difficult to quantify the cost of the mental health and opioid crisis anywhere..

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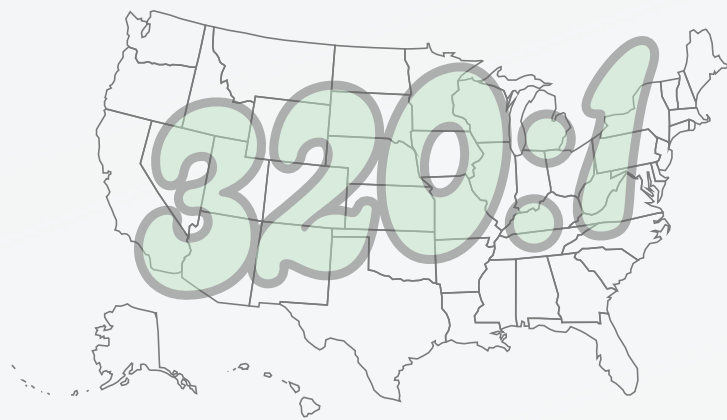
United States



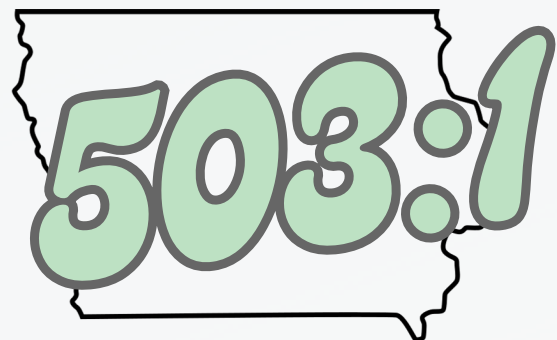
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United States



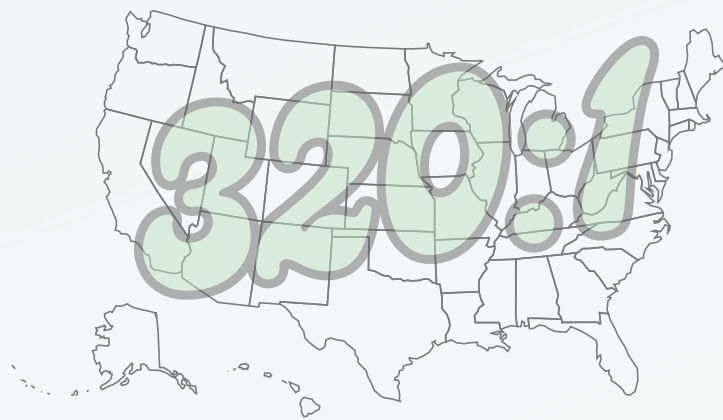
Iowa



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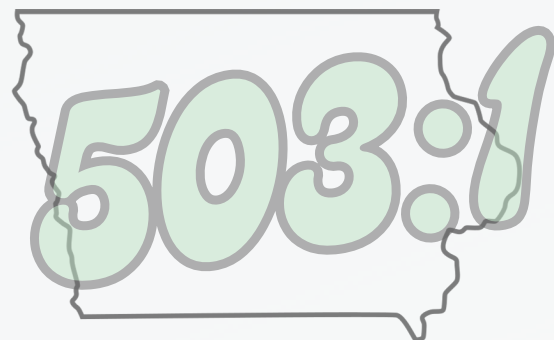
United States



Jefferson County



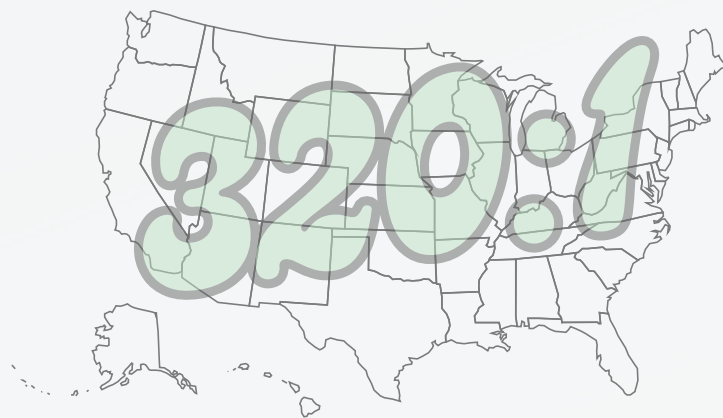
Iowa



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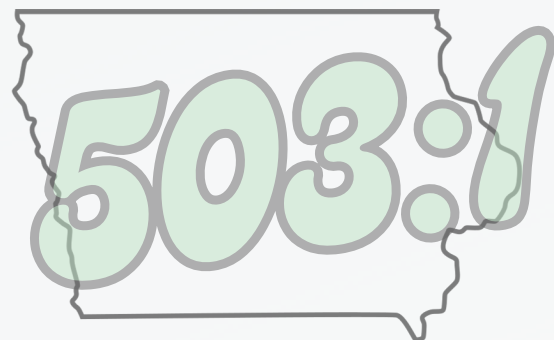
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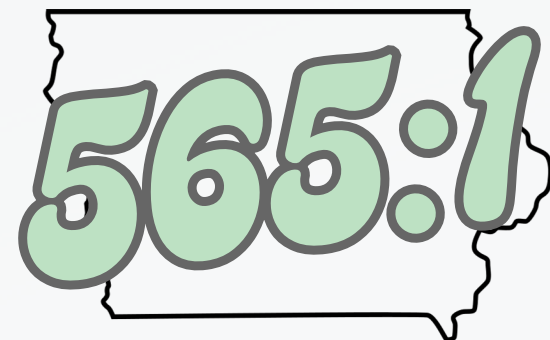
Jefferson County



Iowa



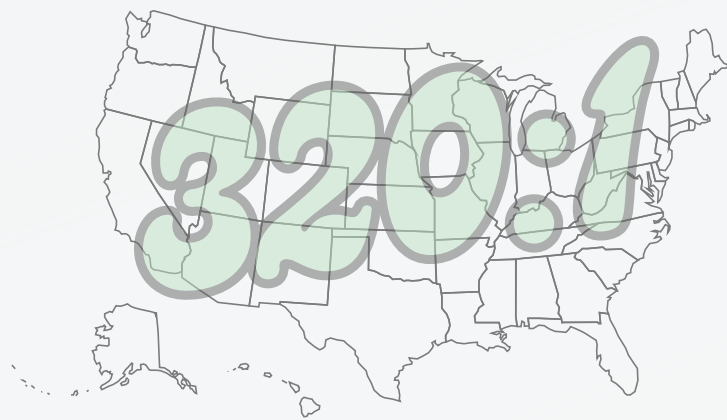
Van Buren County



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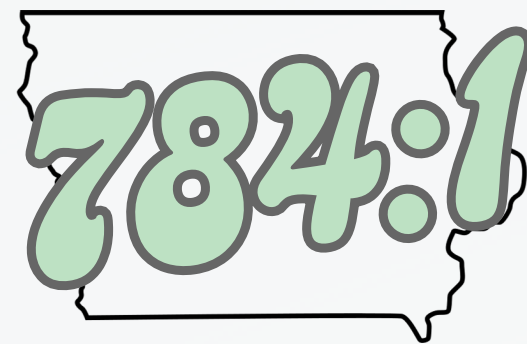
United States



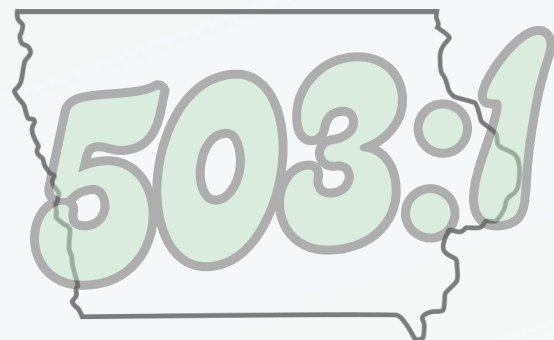
Jefferson County



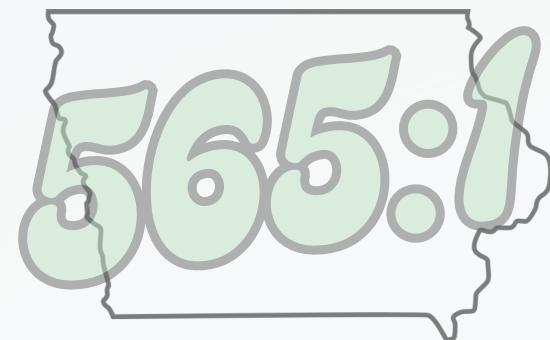
Wapello County



Iowa



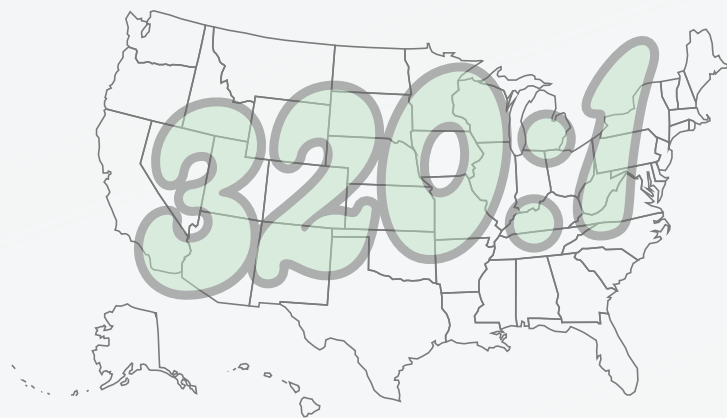
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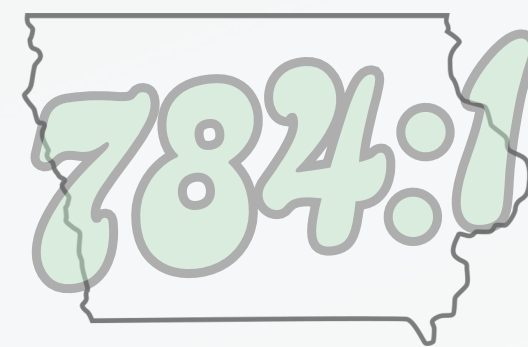
United States



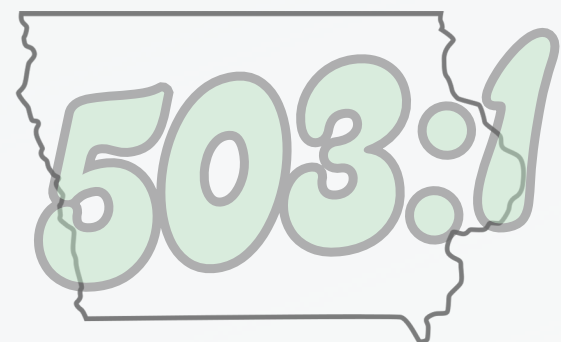
Jefferson County



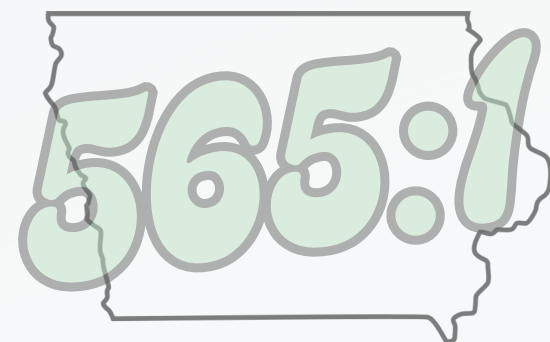
Wapello County



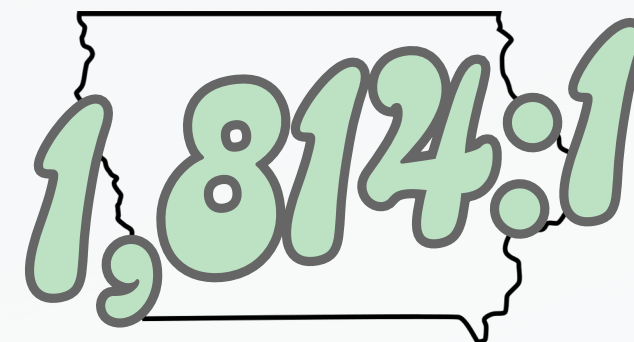
Iowa



Van Buren County



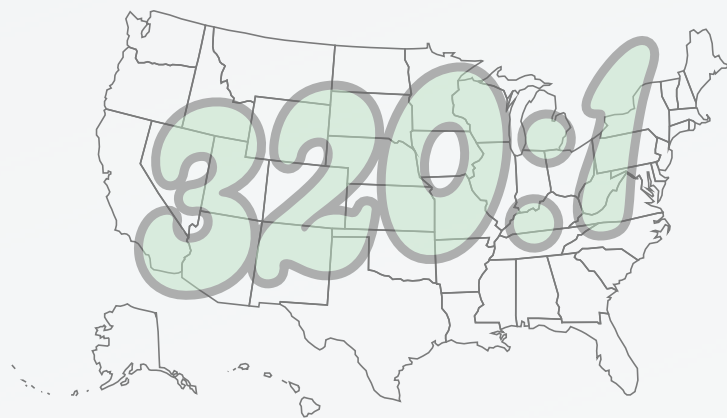
Mahaska County



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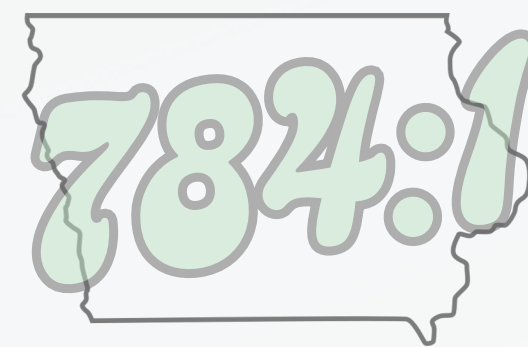
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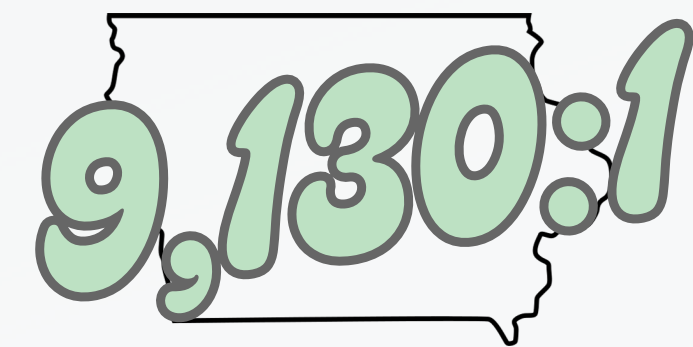
Jefferson County



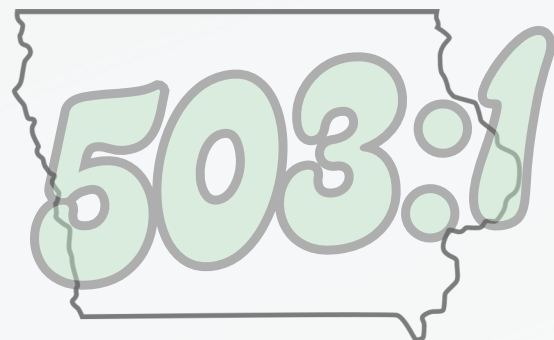
Wapello County



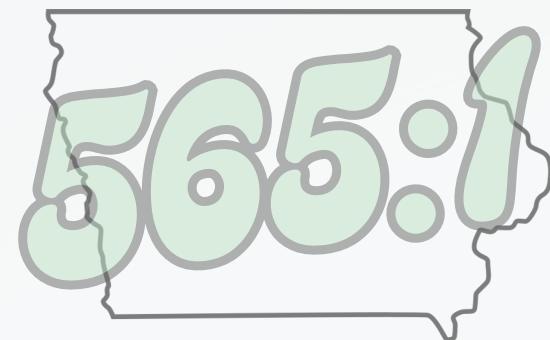
Davis County



Iowa



Van Buren County



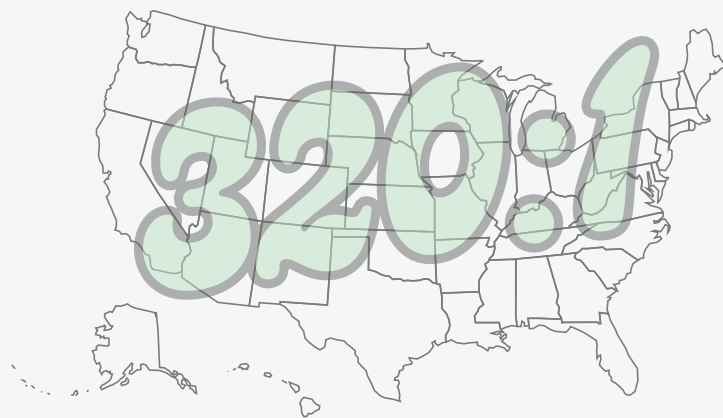
Mahaska County



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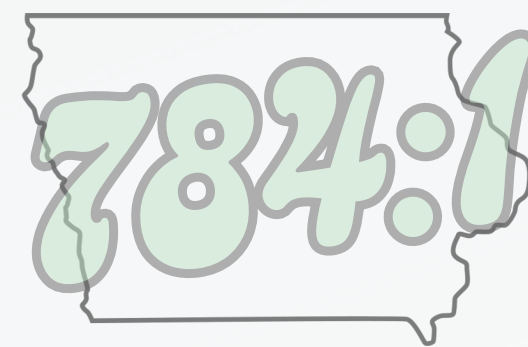
United States



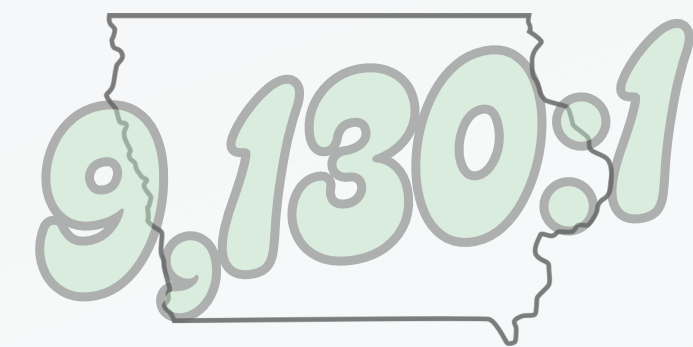
Jefferson County



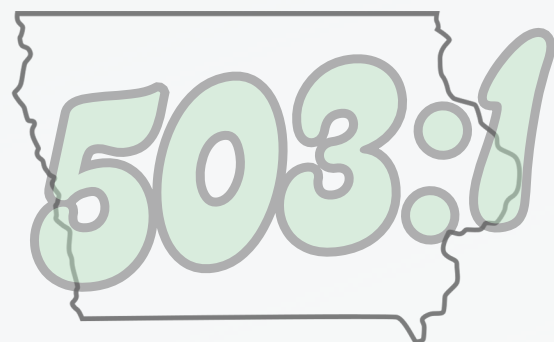
Wapello County



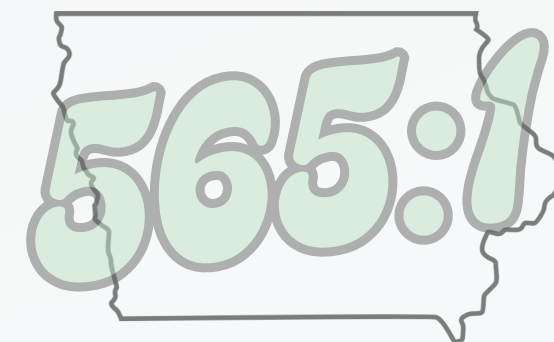
Davis County



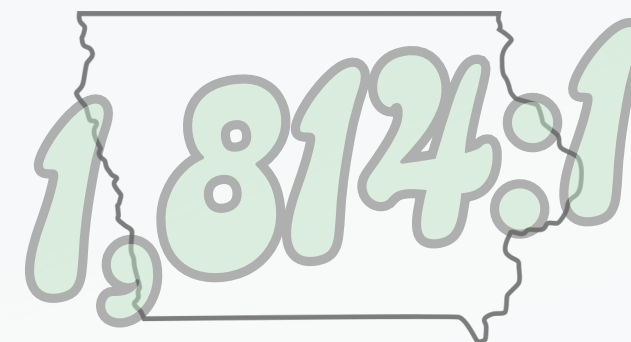
Iowa



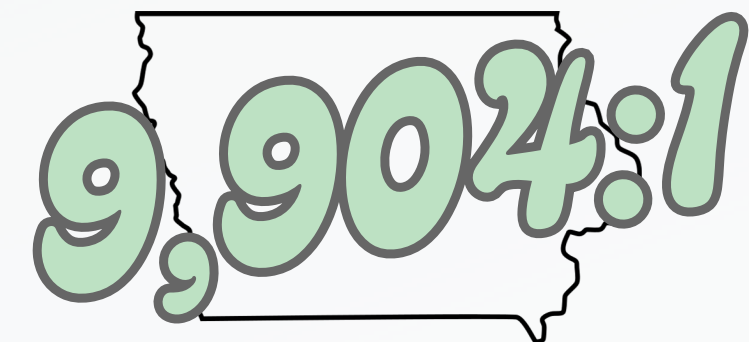
Van Buren County



Mahaska County

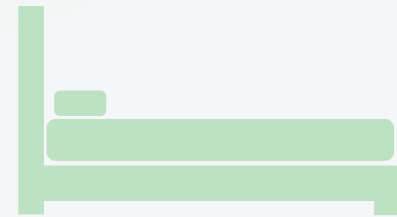


Keokuk County



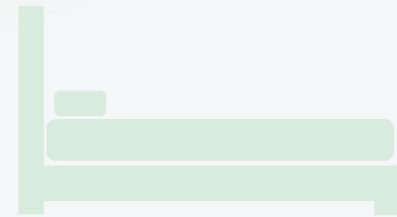
IOWA IN-STATE HOSPITAL BEDS

In 2023, Iowa had 64 total beds



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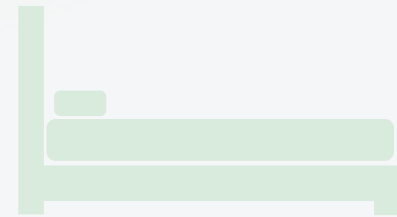


***Treatment Advocacy Center* Recommends**

50 beds per 100,000 residents

IOWA IN-STATE HOSPITAL BEDS

In 2023, Iowa had 64 total beds



Treatment Advocacy Center Recommends

50 beds per 100,000 residents

Iowa Falls Short

2 beds per 100,000 residents

POLICY RECOMMENDATION 1

Recently I have felt down, depressed, or hopeless

- Often (more than 5 days)
- Sometimes (more than 2 days)
- No

On a scale of 1-5 how would you rate your current stress level

- 1 2 3 4 5
- Not stressed Extremely stressed

What is your top stressor

- School
- Sport(s)
- Work
- Friends
- Other: _____

I feel comfortable reaching out for help when I am struggling

- Yes
- No
- Sometimes

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I feel comfortable reaching out for help when I am struggling

Yes

No

Sometimes

I feel like I have people I can lean on for support

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

I feel comfortable talking about my mental health

Strongly disagree

Disagree

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Strongly agree

I feel like my school cares about my mental health

Strongly disagree

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Neutral

Agree

Strongly agree

I feel like my school cares about my mental health

Strongly disagree

Disagree

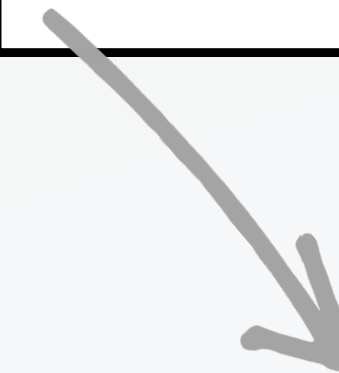
Neutral

Agree

Strongly agree

What could my school do to better support those struggling with mental health?

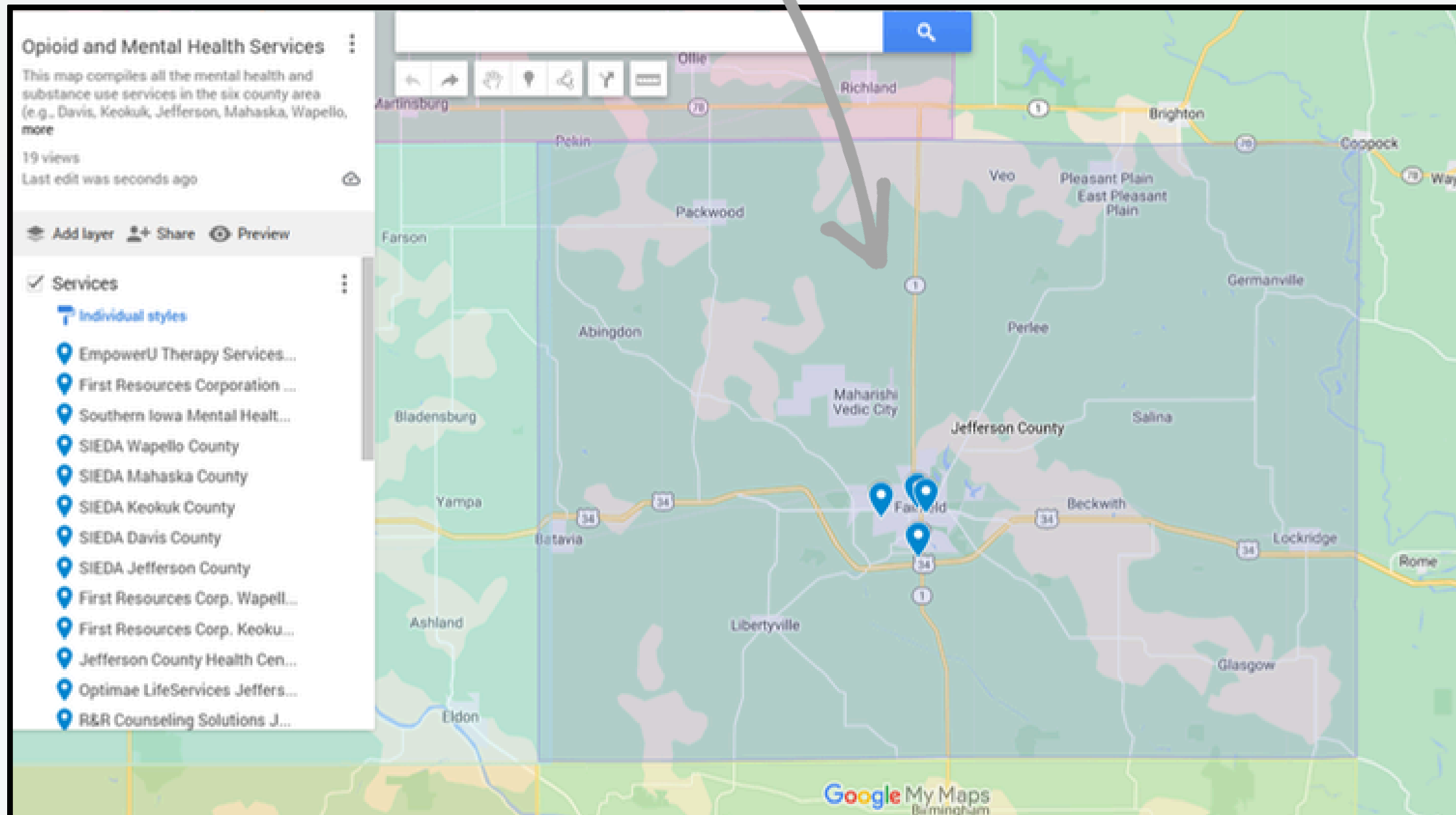
Your answer _____



Gives kids a voice

POLICY RECOMMENDATION 2

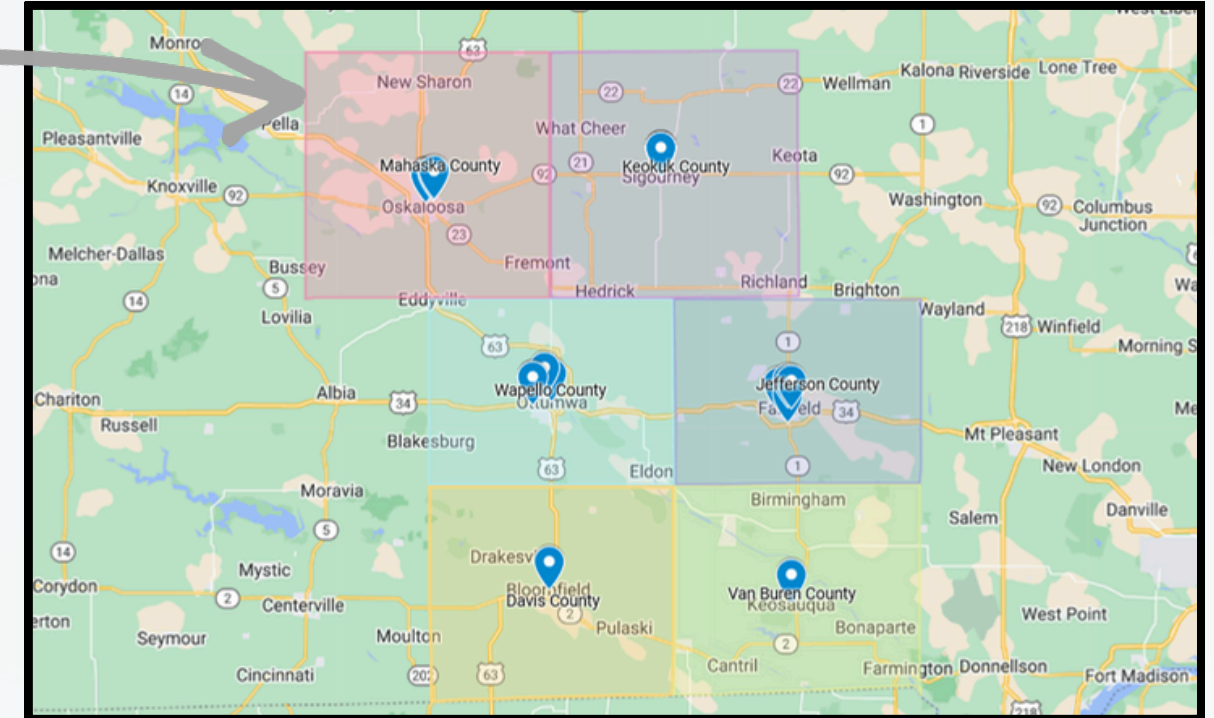
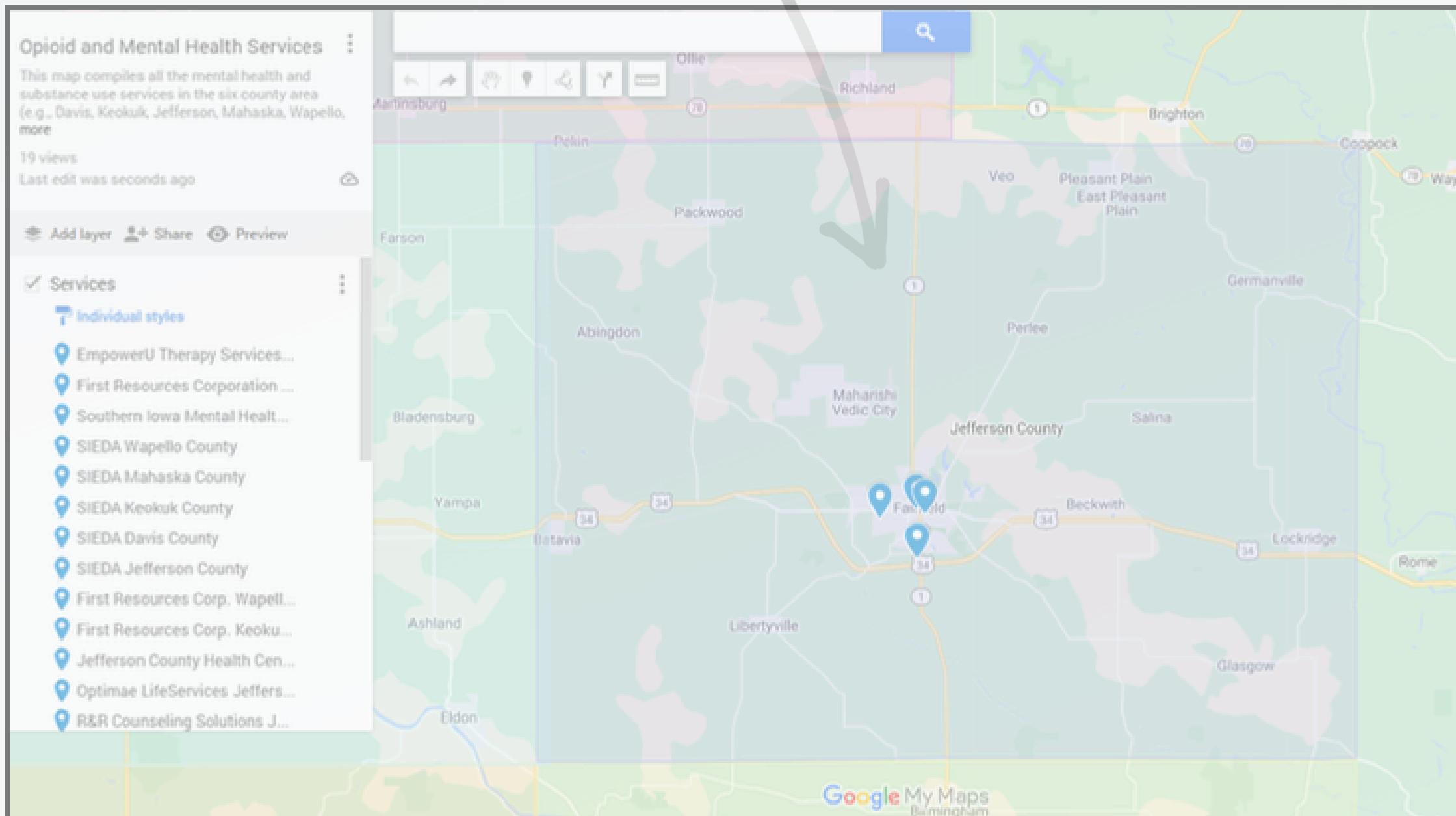
Jefferson County



POLICY RECOMMENDATION 2

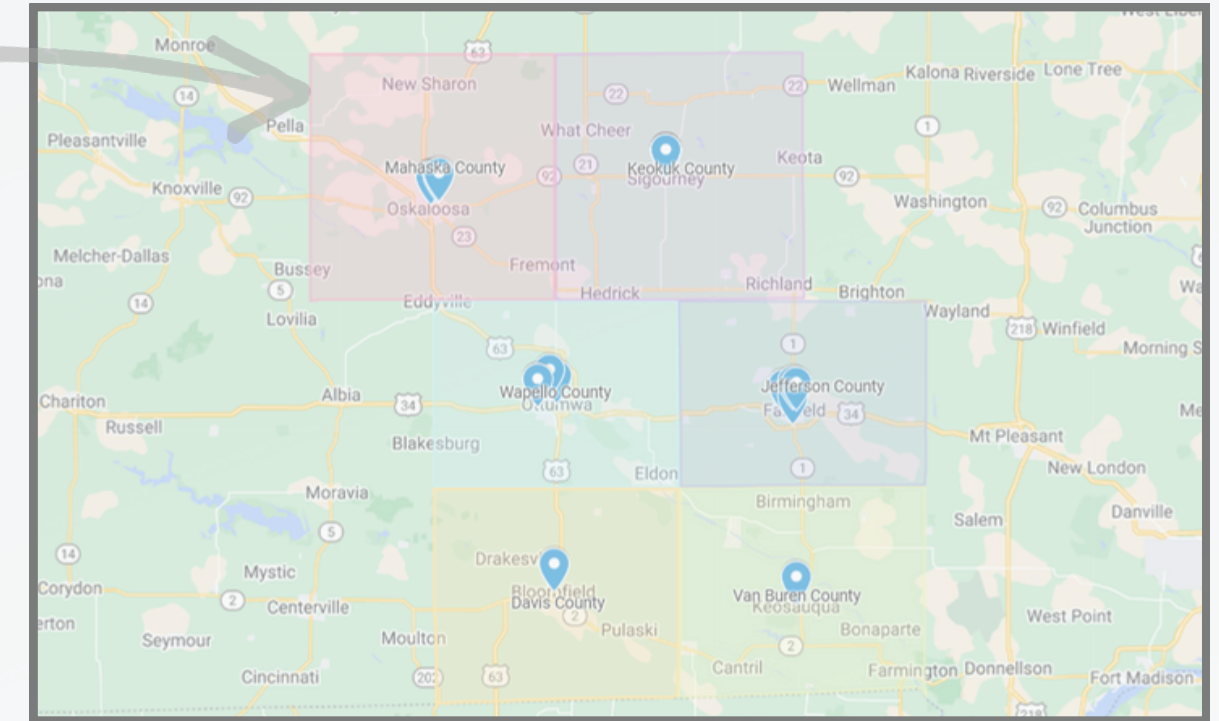
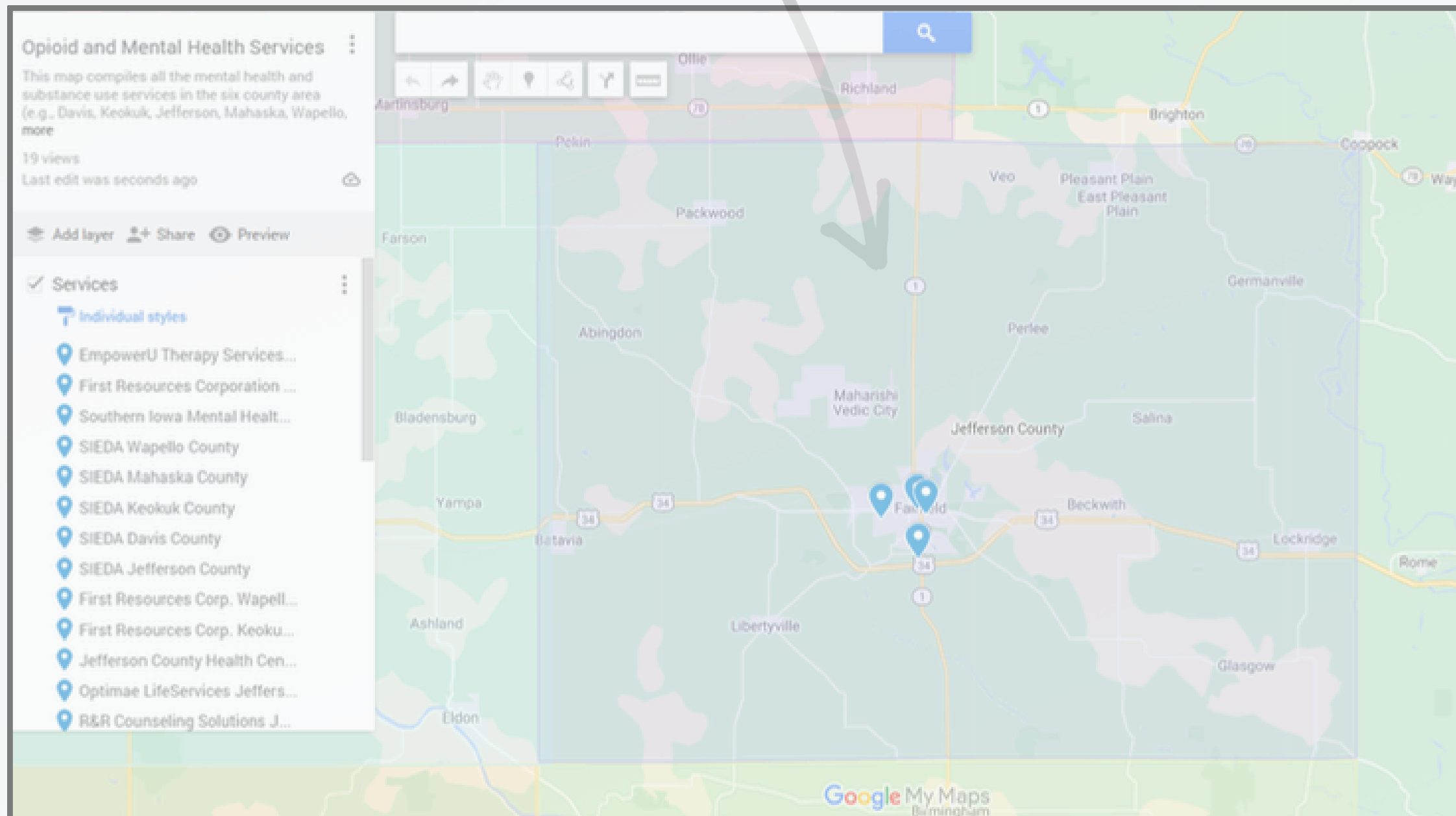
Map of Services for Mental Health and Substance Abuse

Jefferson County



POLICY RECOMMENDATION 2

Map of Services for Mental Health and Substance Abuse Jefferson County



Total number of services = 19

Services are in most populated towns:

- *Bloomfield: 1*
- *Fairfield: 4*
- *Sigourney: 3*
- *Oskaloosa: 6*
- *Keosauqua: 2*
- *Ottumwa: 3*

POLICY RECOMMENDATION 3

Meeting Plan and Agenda



POLICY RECOMMENDATION 3

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Introduce Roles in Community

POLICY RECOMMENDATION 3

Meeting Plan and Agenda



Introduce Roles in Community

Discuss Challenges

POLICY RECOMMENDATION 3

Meeting Plan and Agenda



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*Allocation of Resources and
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POLICY RECOMMENDATION 3

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“ Law enforcement most directly in touch with people using ”

POLICY RECOMMENDATION 3

Meeting Plan and Agenda



Introduce Roles in Community

Discuss Challenges

Allocation of Resources and Responsibilities

“ Law enforcement most directly in touch with people using ”

“ Disconnect with elected officials ”

POLICY RECOMMENDATION 3

Meeting Plan and Agenda



Introduce Roles in Community

Discuss Challenges

Allocation of Resources and Responsibilities

“ Law enforcement most directly in touch with people using ”

“ Disconnect with elected officials ”

“ Most likely paying out of pocket to see therapist ”

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